

# EMERGENCY FIRST AID AT WORK COURSES

enquiries@beaconacademytrust.co.uk  
020 8551 4954

## ONE DAY - EMERGENCY FIRST AID AT WORK COURSE

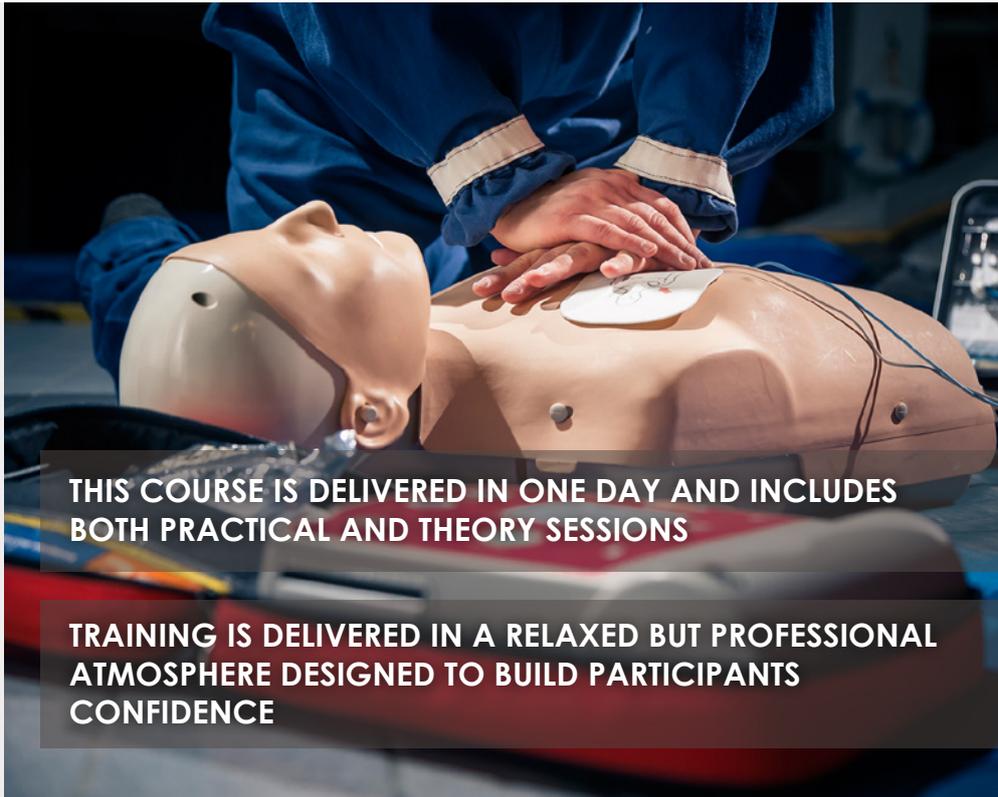
This course is run over one day and includes both theory and practical sessions, in a relaxed atmosphere, designed to boost a candidate's confidence.

The syllabus includes:

- First Aid Priorities
- Managing Incidents
- Basic Life Support
- Examination of a Casualty
- Unconsciousness
- Control of Bleeding
- Burns and Scalds
- Fractures
- Common Illnesses
- Heart Attacks
- Eye Injuries
- Dressings Regulations
- Recording and Reporting
- First Aid Kits

1 DAY

3 DAY



THIS COURSE IS DELIVERED IN ONE DAY AND INCLUDES BOTH PRACTICAL AND THEORY SESSIONS

TRAINING IS DELIVERED IN A RELAXED BUT PROFESSIONAL ATMOSPHERE DESIGNED TO BUILD PARTICIPANTS CONFIDENCE

## THREE DAY – FIRST AID AT WORK Course

Once qualified, holders of this certificate can be used as First Aiders in the Workplace in accordance with the Health and Safety at Work Act 1974. The course is run over three days and includes both theory and practical sessions. This certification is valid for three years; before expiry a re-qualification course will need to be undertaken. The requalification course takes place over two days. Under the current guidelines it is strongly recommend that first aid trained staff attend a half-day update every twelve months.

## AUTOMATED EXTERNAL DEFIBRILLATION Course

We offer a comprehensive Automated External Defibrillation (AED) programme based on the necessary theory, backed up with lots of practical sessions. The course is run over half a day, and is made as informative, yet as enjoyable as possible, thus allowing the students to gain confidence in what is a new and possibly somewhat daunting skill. Certificates awarded upon successful completion are valid for one year. In addition to training we are able to offer advice in areas such as, company protocols, purchasing equipment and on-going help and support with training and development.

1 Day £91.95  
3 Day £231.95  
2 Day £166.95  
REFRESHER

PRICES AVAILABLE UPON REQUEST

TRAINING IN ASSOCIATION WITH

aid|training



Beacon Academy Trust  
A COMPELLING VISION FOR SUCCESS

WOODFORD AVENUE,  
ILFORD, ESSEX, IG4 5FD